

The Ten Commandments

5 + lesson



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Introduction

This week's lesson will cover the receiving of the Ten Commandments. The passages are found in Exodus 19:1-20; Exodus 24:1-24; and Exodus 31:18. The focus points are-

- God gives us rules to protect and help us.
- Laws teach us right from wrong.
- God is holy.
- Through the Ten Commandments, God provided guidelines
 1. For interaction with Himself.
 2. For interaction with other people.

Lesson Guide

God gave commands to the people of Israel to know how to live. Point out that God gives us His laws to protect and help us, too. Because He wants the best for us. He doesn't just give them to place restrictions on us, but because God wants what is best for His people.

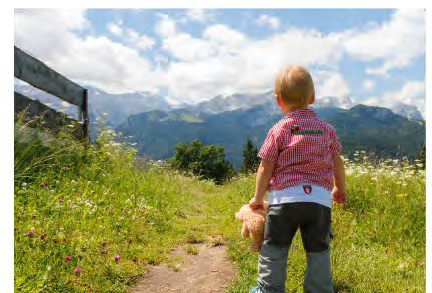
Talk about laws or rules that we have today. Which rules does the child think are good? What rules would they make?

Ask the child if they have ever broken a rule and regretted it. Play a game with the child. Tic-tac-toe would be a good one. For the first game, follow the rules. For the second game, allow the child to make up rules. For the third game, you make up the rules and take several turns in a row to win. Ask the child if following the rules made the game more fun or less fun.

You can play a game with cars to show some common road laws. Show the child what happens if the cars ignore the red lights. Point out that people can get hurt when they don't obey the law. Use this to illustrate that we need to obey God's law or we will be hurt. Explain that we can never be perfect, but God sent Jesus to be perfect on our behalf. Point out that the Israelites had to wash their clothes, but Jesus can wash our hearts. Celebrate that we can become perfect when we put our trust in Jesus.

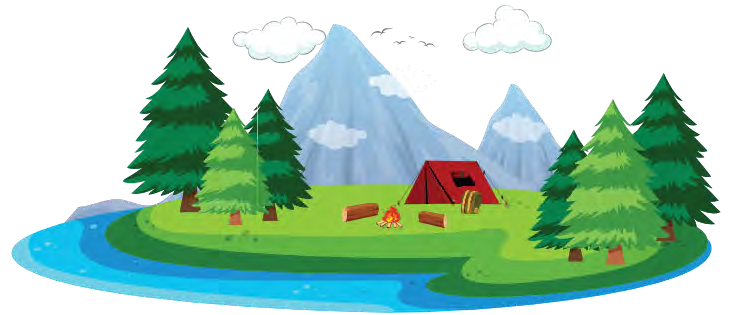
Pick out a law from Scripture that your child might struggle to obey. Pray with the child to ask Jesus to help them obey God's laws.

Video playlist



Ten Commandments

After God delivered Israel from the Egyptians, the people began to travel toward the new land God had promised to give them. After three months, they arrived at Mount Sinai.



Moses climbed the mountain, and God spoke to him and told Moses what to say to Israel. “You have seen all the mighty things that I can do. Obey me fully, and you will be my special people.”

Moses returned to Israel and told them all that God had said. The people said, “We will do everything God has commanded.”

Moses told God they would obey.

God said, “Tell the people to prepare. They need to wash their clothes and be clean. I am holy.” The people washed and cleaned themselves to prepare.

On the morning of the third day, a thick cloud covered the mountain. Thunder and lightning shook the sky. A mighty trumpet blast sounded. Everyone trembled at the majesty of God.



Moses led them to the foot of the mountain. The trumpet sound grew louder and louder. The Lord descended on the mountain in fire and smoke billowed.

God called Moses to come to the top of the mountain. God began to tell Moses all the laws He had made. So that they could live the best life God wanted for them.

When the people saw all the thunder, lightning, and smoke, they were very afraid. Moses said, “Do not fear. God is testing you so that the fear of God will keep you from sinning.”

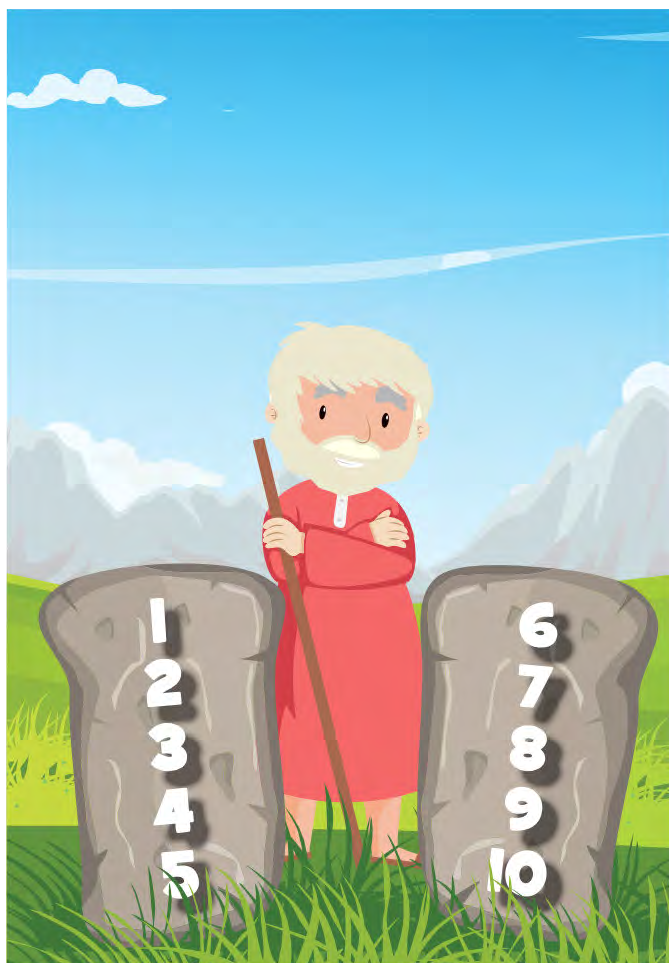
So Moses returned to the mountain to hear all the laws God had created. Moses went back to the people to tell them all the commandments and write down all that God had told him.

The people heard what God had commanded and said, “We will obey.”

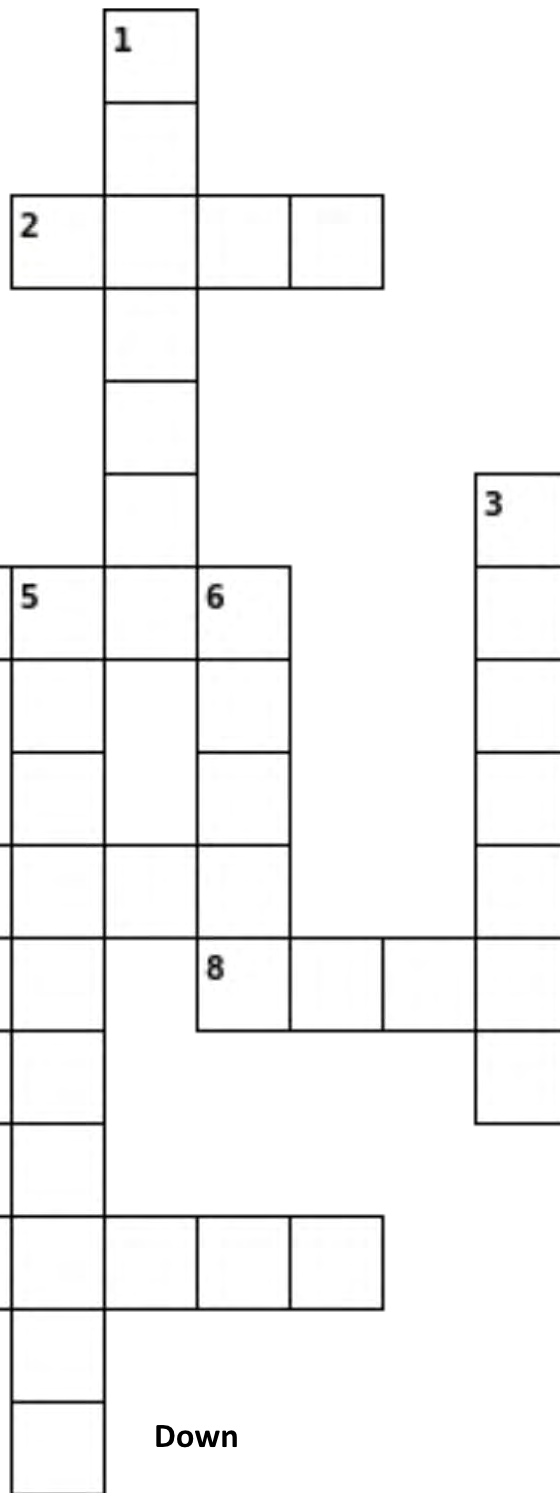
Moses returned to the mountain and stayed there for forty days and forty nights. God gave him many more laws that the people needed to obey.

God finished speaking to Moses and gave him the stone tablets inscribed by God’s own finger.

These laws would show Israel right from wrong.



Ten Commandments Crossword



1. First Keep God in ____ place.

2. Name Always say God's ____ with love.

3. Rest Keep God's day for ____.

4. Everything Love God more than _____ else.

5. Parents Love and respect your _____.

6. Marriage Respect _____.

7. Not Do _____ steal.

8. Truth Always tell the _____.

9. Jealous Don't be _____ of other p

10. Hurt Don't _____ people.

Across

2. Always say God's ____ with love.
4. Keep God's day for ____.
7. Keep God in ____ place.
8. Don't _____ people.
9. Do _____ steal.

Down

1. Don't be _____ of other people's things.
3. Love and respect your _____.
5. Love God more than _____ else.
6. Always tell the _____.

Broken Tablets Puzzle

When Moses saw the Israelites worshipping a golden calf, instead of the true God, he became very angry and smashed into bits the tablets that God had given to him. Cut the tablet to make a jigsaw puzzle.

Don't hurt people

Respect marriage

Do not steal

Always tell the truth

Don't be jealous of other
people's things

Love God more than
everything else

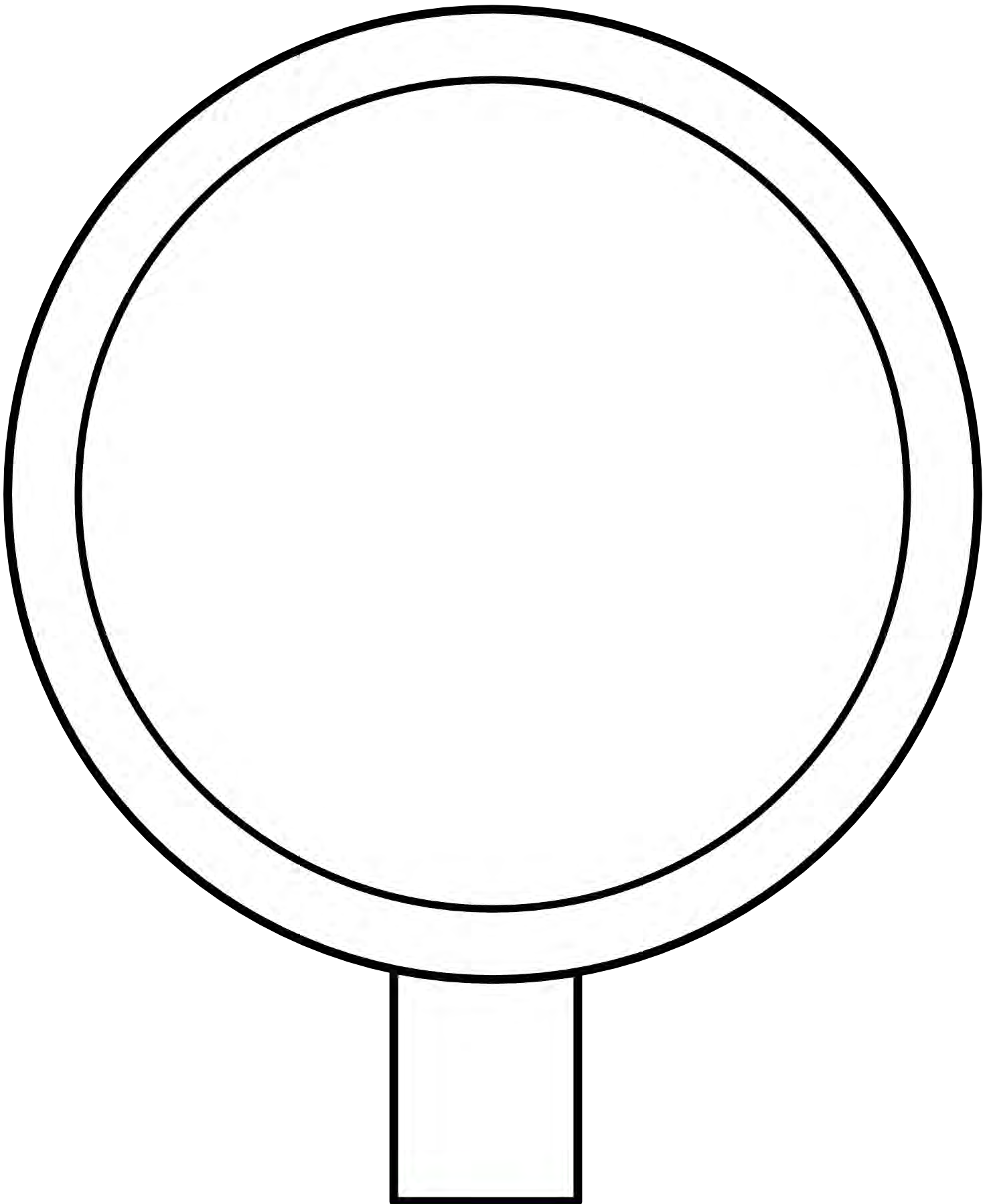
Keep God in first place

Always say God's name
with love

Keep God's day for rest

Love and respect your
parents

Design your own safety sign



Find ten differences



Games and Activities

Game: “Driving School”

Instructions: Each child will pretend to be a car, a leader will be the “Traffic officer”. The children have to obey his or her commands or their car will be “towed”, which mean that they leave the game. The Traffic officer can try and trick the cars.

Possible instructions for the “Traffic officer”:

- Turn around.
- Go straight.
- Go faster.
- Go slower.
- Turn to the left.
- Turn to the right.
- Turn to the right, then to the left.
- Stop!
- Go backwards.

End by talking about how we must fully obey God’s rules.

Game: Create your own game

Instructions: Give the children a few items. Challenge them to design their own game using those items.

What are the rules for the game?

How do you win?

What happens if you break a rule?

After some time creating the rule, it is time to play the game.

When you finish, talk about if there is anything you would change.

Share how God’s law is perfect.

Craft: Ten Commandments

Color the template pages.

Cut around dotted line on number windows.

Glue on to second template page

The Ten Commandments

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Keep God in first place.

Respect marriage.

Always say God's name with love.

Do not steal.

Keep God's day for rest.

Always tell the truth.

Love God more than everything else.

Don't be jealous of other people's things.

Love and respect your parents.

Don't hurt people

Love God more
than everything else

Keep God in first
place

Always say God's
name with love

Keep God's day for
rest

Love and respect
your parents

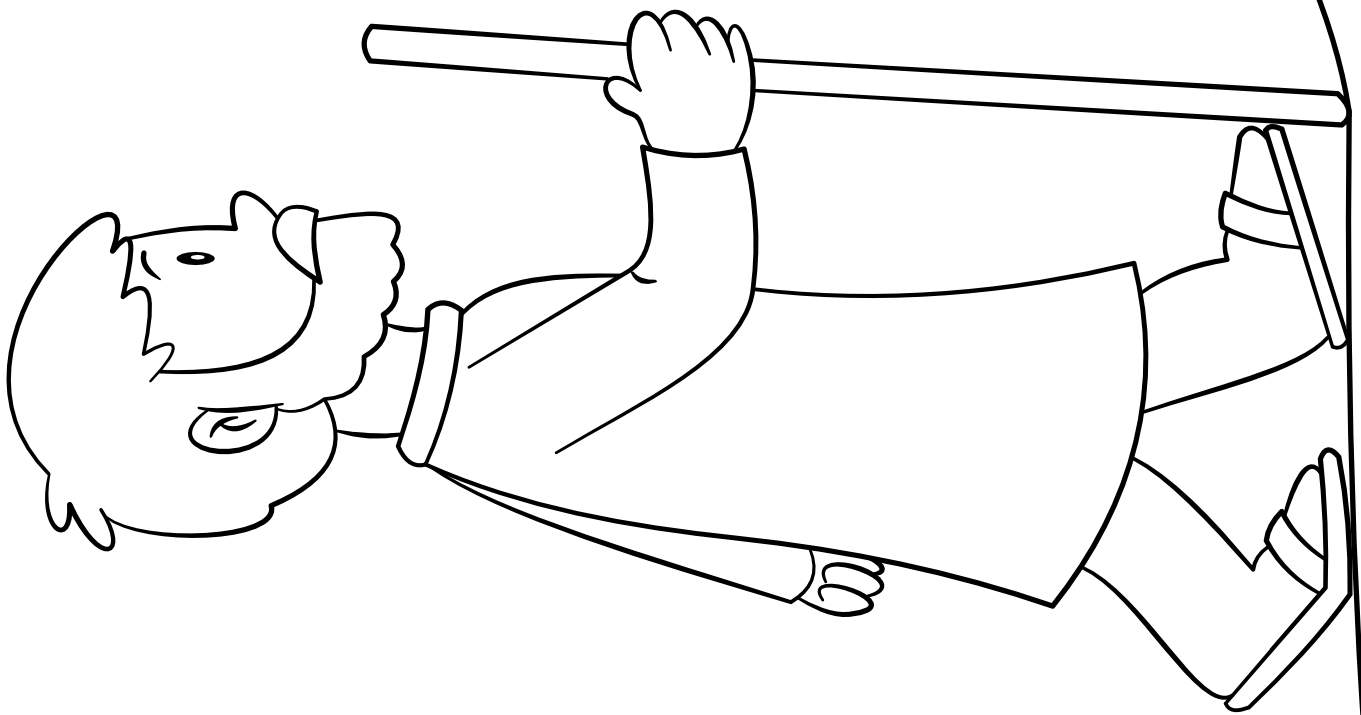
Don't hurt
people

Respect marriage

Do not steal

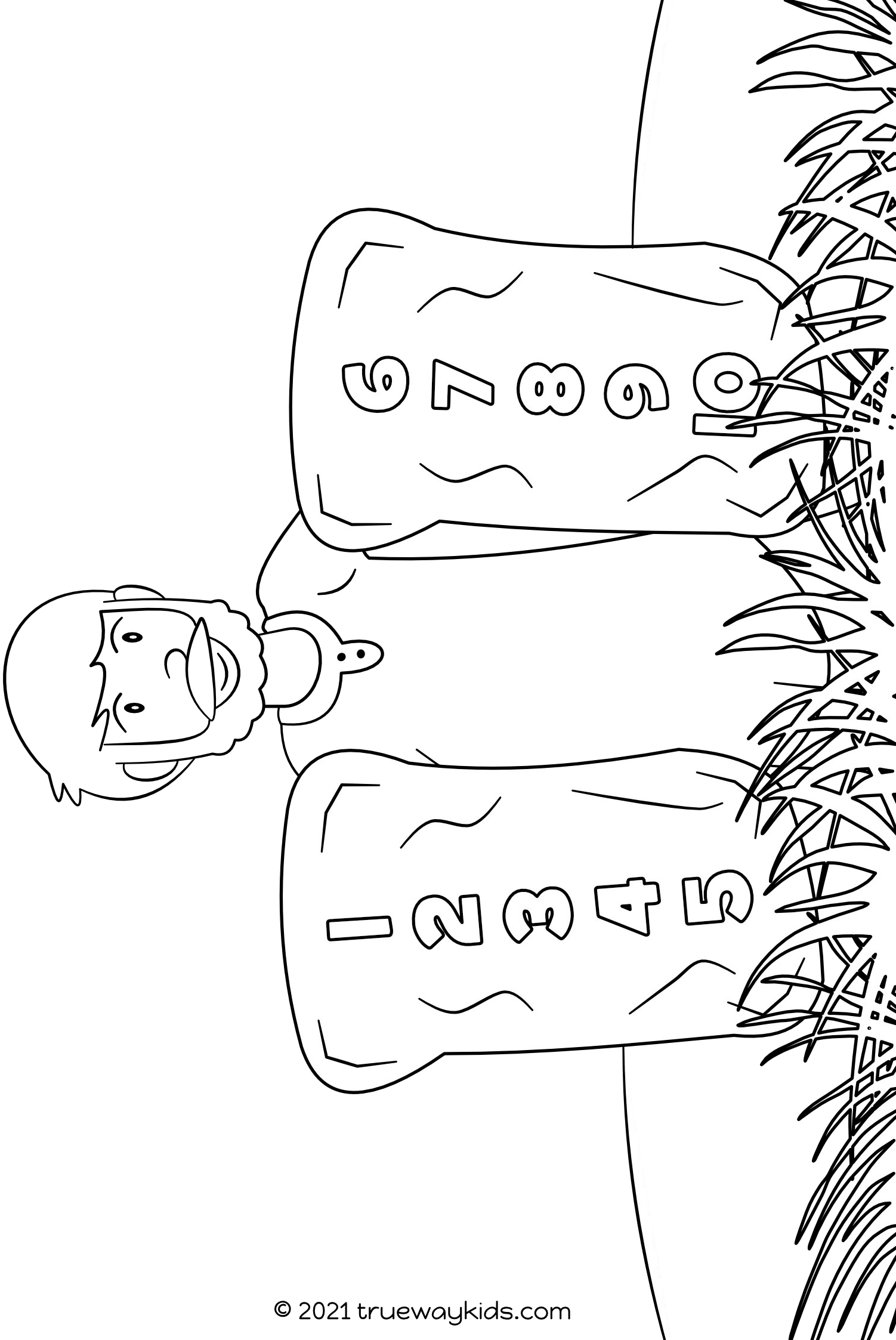
Always tell the truth

Don't be jealous of
other people's
things









Worship Time

Recommended worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Obey, Obey The Lord

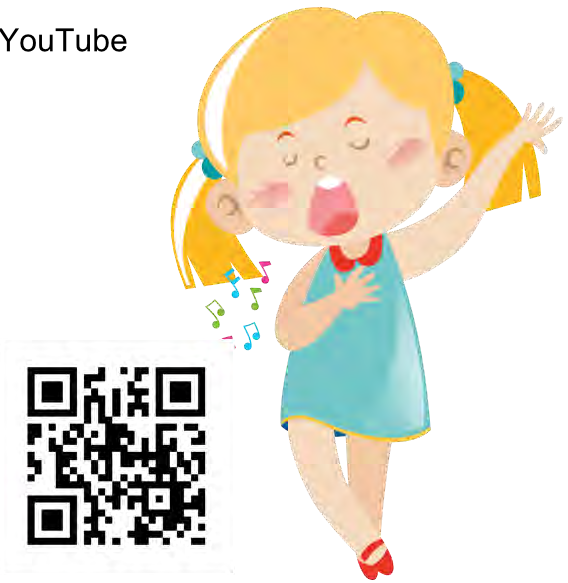
<https://youtu.be/gID4-xl1Amg>

Ten Commandment

<https://youtu.be/IB3A7RcP89E>

Ten Commandment Boogie

<https://youtu.be/L2hB5Gqo8Vo>



Prayer Time

Thank God for giving rules to help keep us safe and enjoy life. Ask Him to help you follow His plans.

Next Week:
The Tabernacle

If you haven't already done so, sign up to receive future lessons by email.

